Itinerary

- 11/19/23 Pick up at Cancun Airport & Welcome Ceremony
- 11/20/23 Orientation, Yoga & Chakra Balancing, Workshop Activity with Andrea at home site
- 11/21/23 Coba Temples & Temazcal Purification Ceremony
- 11/22/23 Yoga & Workshop/Ceremony with Andrea at Cenotes
- 11/23/23 Tulum Ruins & Ocean Cleansing
- 11/24/23 Yoga & Workshop Activity with Andrea at home site, Closing Ceremony

Daily Astrological Moon Bites with Stefanie

11/25/23 Cancun Airport drop off

Subject to change



FROM GRIEF TO JOY RETREAT

Riviera Maya Mexico November 19—25, 2023





6-DAY RETREAT-WORKSHOP& RELEASING CEREMONIES WITH ANDREA GASPARI

web: AccessEcoTours.com





Eco-Cultural Tours

PROJECT MAYAN ENCOUNTER

Ruta de los Cenotes KM 15.8 Riviera Maya, Quintana Roo, Mexico Lsst updated: July 26, 2023

Mobile: +1(714)801-0041 Email: stef@accessecotours.com Web: AccessEcoTours.com

You are in the right place!

This Riviera Maya Retreat-Workshop has been exclusively designed for you!

What if dealing with any kind of loss or grief did not have to feel as painful, linger, or consume us? What if we told you that there was a way to process, understand and celebrate the love, life, and memories of those who pass on before us?



Join our intimate circle of Nine as we journey together from Grief to Joy!

You will be staying at a **cozy Bed & Breakfast Inn** located in the **Subtropical Rainforest** on the

famous Ruta de los Cenotes. It's a short walk to our home site, Espacio Mayan Encounter, where we will have Yoga, Chakra Balancing, Workshop Activities, and more.

You will participate in **powerful cleansing and releasing** ceremonies in world renowned, historical, and spiritual sites.

Let your Journey begin!

Here is more of what you will be experiencing:

- WORLD'S FINEST BEACHES
- CENOTES (sweetwater sinkholes)
- MAYA PYRAMIDS, TEMPLES & RUINS
- WORLD'S 2nd LARGEST BARRIER REEF
- TEMAZCAL (sweat lodge) & DETOX
- DAILY ASTROLOGICAL MOON BITES
- HEALTHY & FRESH LOCAL FOOD

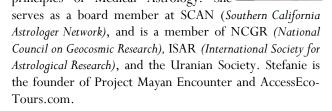


Your facilitators



Andrea Gaspari is the founder of Family Balance Coaching and Gaia Fairy Wellness. She has a Bachelor's Degree of Social Work, and is a trained Hospice Care Worker and a Certified Life Coach. Andrea has coached, taught and led classes, trainings and workshops for 1000's of individuals in 100's of locations in several cities, States and countries.

Stefanie Baeker is a native of Germany and an NCGR-PAA certified astrologer practicing mainly Western tropical Astrology. When living in Mexico, she became deeply involved with the Mayan culture and found fascination in their calendar system and form of Astrology. Being a practitioner of Energy Healing, she values the wisdom gained from the principles of Medical Astrology. She



Registration Fees

Reserve your spot with a deposit of \$850 on or before August 31, 2023. The remainder of \$ 1,300 is due by October 1, 20023. For payment details and cancellation policy please visit: https:// www.accessecotours.com/from-grief-to-joy/

The total price of **\$2,150** per person includes the following:

- Airport shuttle Cancun
- Accommodations based on double or triple occupancy with private shower or bath
- All excursions
- Healthy, locally sourced meals
- Grief to Joy Workshop with Andrea
- Temazcal (sweat lodge) ceremony
- Yoga/Chakra Balancing
- Daily Astrological Moon Bites with Stefanie

Not included:

- Airfare to Cancun*
- Single room surcharge
- Personal purchases, tips
- Friday night dinner
- Travel Insurance*
- Private sessions with Andrea or Stefanie

* Free travel arrangements with Redwood Skytours, Michael Eklof meklof@skytours.com, 415-454-4932 ext. 16

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